

Newsletter Easter

Harrogate Young Carers

Welcome to the latest edition of our newsletter.

Hope you have all settled back into school

Our groups are still running every week

We would really encourage all those new to the service to come along to our youth groups. We understand it might be daunting at first but being with other young carers can really help to relieve some of the pressure and help young people to know they are not on their own.



We have lots going on such as craft activities, Xbox, Nintendo Wii, ping pong, pool table and board games to name a few. We have a tuck shop where we sell pop, crisps and sweets at a reduced price. Plus quiet areas should anyone just want some time on their own.

Please let us know if you would like to pop in to see what it's all about where you will receive a warm welcome.

Youth Groups

Our UTime (11 – 19 years) and Budz (7 – 11 years) groups will run once a fortnight for each age group.

Group dates up until end of May

Thursday 7 th March	UTime 6pm to 7.30pm
Thursday 14 th March	Budz 3.45pm to 5.15pm
Thursday 21 st March	UTime 6pm to 7.30 pm
Thursday 11 th April	Budz 3.45pm to 5.15pm
Thursday 18 th April	UTime 6pm to 7.30pm
Thursday 25 th April	Budz 3.45pm to 5.15pm
Thursday 2 nd May	UTime 6pm to 7.30pm
Thursday 9 th May	Budz 3.45pm to 5.15pm
Thursday 16 th May	UTime 6pm to 7.30pm
Thursday 23 rd May	Budz 3.45pm to 5.15pm

UTime Group is held at the St Georges Community Centre, 2 Mornington Terrace, Harrogate, HG1 5DH.

Budz Group is held at the United Reformed Church, 1 Woodfield Road, Harrogate, HG1 4LN.

We have lots of information about other services available for young carers and families on our website (<https://www.carersresource.org/>) under the Young Carer Tab. Please take a look!

Information and resources

Lots to look forward to

Easter Holidays 2024

Monk Park Farm visit 28th March

Fun day out getting to see all the animals feed them .. There is lots of fun things to do with it being over the Easter holidays

18 Places Primary School Age Group

Ripley Castle Good old Fashioned school sports day 2nd April

Secondary School Age Group

Come and try Welly Wanging , Sack Race , Egg and Spoon, Wheelbarrow, Tug o War to name a few this will be a really fun event 20 places

Summer Activities

The team are busy planning some exciting Activities for the Summer so keep your eyes peeled

Contact Numbers Carers Resource 0808 501 5939

lhall@carersresource.org

nstocks@carersresource.org

Kind regards Young Carer team

