

Parent carers Support and activities in the Selby area

This factsheet lists local groups and services offering support to parents and carers of a child or young person with special educational needs and/or a disability (SEND). We advise you always check the exact details of activities with the local contact.

Carers' Resource Support for Parent Carers

Carers' Resource can discuss your caring situation with you to help identify your needs and explore support that is available to you. We have a closed Facebook group for parent carers who are registered with us in Selby and Harrogate districts, where we share information about local services and support. We also provide online webinars and peer support groups where you can meet other parent carers and talk to one of our locality workers.

Contact: 0808 50 15 939

www.facebook.com/groups/204424327659651

Bee-Able

This disability services and support organisation is based in Osgodby and offers a wide range of services for young people and adults with disabilities including a Saturday club for ages 8 to 18, a bespoke companionship/practical support service for anyone aged 12 years or over.

Contact: 07908 718770

www.bee-able.co.uk

Cinema

The UK Cinema Association (previously known as the Cinema Exhibitors' Association) provides a card which can be used by the person with SEND so that their carer can accompany them to the cinema at no extra cost. The person with SEND must meet one of the following criteria and be aged 5 or over:

- a. be in receipt of Disability Living Allowance or Personal Independence Payment
- b. be a registered visually impaired person

There is a £6.00 annual administration charge.

For further information, including the application form and details of participating cinemas,

Contact: 01244 526016

www.ceacard.co.uk

Some cinemas including branches of Odeon, Cineworld, and Vue cinemas show popular films in an autism-friendly environment. To find an autism-friendly screening near you, you can use the interactive on dimensions-uk.org website.

<https://dimensions-uk.org/get-involved/campaigns/autism-friendly-cinema-screenings/>



Compass Phoenix

A free, confidential health and wellbeing service for children and young people between the ages of 9-19 or up to 25 for young people with Special Educational Needs and Disabilities (SEND) and an Education Health and Care Plan (EHCP). For children and young people who may benefit from receiving early help and prevention of harm work in relation to mild to moderate emotional wellbeing and mental health issues.

Contact 0800 0087452 www.compass-uk.org/services/compass-phoenix

Connecting Neurodiverse Families (CNDF)

CNDF provides a supportive space to families of neurodivergent children in Tadcaster and the surrounding areas where they can share experiences and also work together to improve provision in the area. There are regular groups organised by CNF such as Stay and Play (0-5 years), Kids Youth Group (6-11 years), and Parent and Carers Support. Contact is via their Facebook page or website. The child doesn't need a formal diagnosis to join.

www.cndf.org.uk

Down Syndrome North Yorkshire

A charity run by parents and carers of children who have Down syndrome to share experiences, knowledge and fun.

Contact: 07875 687291 www.downssyndromenorthyorkshire.co.uk

Home-Start Goole and District

Home-Start is a family support organisation offering practical and emotional support to strengthen families, building their confidence and ability to cope, enabling them to give their children the best possible start in life. It can now support families in the Selby area.

T. 01405 769966 www.hsgoole.org.uk

Max Cards

This is a national discount card scheme for families of children with SEND that offers free or discounted entry to a range of attractions. To view the full list of attractions that support the Max card go to www.mymaxcard.co.uk. To obtain a Max Card contact your local Carers' Resource office. Cards cost £4 for up to 2 years, or £5 including postage.

National Autistic Society (North Yorkshire Central Branch)

Volunteer-led branch promoting awareness of the needs of people with autism spectrum disorders - offers support and events to families in the York, Selby and Hambleton area who have a child or family member with autism or Asperger syndrome.

Contact the branch on 07818 016431

www.autism.org.uk/what-we-do/branches/nas-north-yorkshire-central-branch



North Yorkshire Council Services

Contact: 0300 1312131

www.northyorks.gov.uk

Early Help Service (formerly Children and Families Prevention Service)

North Yorkshire's new approach to ensure children, young people and families receive the right support at the right time to stop problems escalating. Contact the main council number on page 2.

Early Help Central covers Selby, Hambleton and Richmondshire areas

Email: earlyhelpcentral@northyorks.gov.uk

Tel: 01609 534829

Disabled Children's Service

There is an ongoing review of social care support for disabled children in this area. Requests for further information, including assessments, should be made to the customer service centre (see page 2).

SEND Local Offer

Provides information on education, health and social care for families with a child aged birth to 25 years who has SEND.

www.northyorks.gov.uk/children-and-families/send-local-offer

Parent Carer Voice North Yorkshire (PCV)

The recognised Parent Carer Forum for North Yorkshire, supporting families with children and young people (0-25 years old) with Special Educational Needs and/or Disabilities.

Contact: 07396 641232

www.parentcarervoiceuk.org **Parent Power Project**

This Facebook group for parents of children with additional needs, aims to support any individuals who are in need. It provides a voice for children, adults, parents and carers. They hold a weekly coffee morning every Friday from 10.30am-12.30pm at Brayton Community Centre (run by Bee-Able).

www.facebook.com/groups/ParentPowerProject/

Peter Pan Nursery

A registered charity and pre-school nursery for children and families with additional needs based in Sherburn in Elmet. They offer places to children who have disabilities, illness, behavioural issues, speech and language delays, social anxieties etc. Places are available for funded and non-funded children.

Contact: 01977 681863

www.peterpannursery.co.uk



Selby Community Park and Sensory Gardens

An independent allotment and community gardening space, run by a local Community Interest Company committed to serving the needs of Selby residents and delivering a number of projects and activities to provide a connection to nature through growing food, learning about the environment and maintaining biodiversity.

Contact Selby District AVS for more information 01757 291111

www.upforyorkshire.org.uk/community-spaces/selby-park/

Selby Additional Needs Parent's/Carers Support Group – Facebook

A Facebook group to co-support local families with children with special needs in and around Selby, North Yorkshire. The group meet in term time on the first Monday of the month and for local activities.

www.facebook.com/groups/1777032612402570

Selby, Tadcaster and Goole Mumbler – STAG Mumbler

A comprehensive website and Facebook page for the Selby parenting community. Its aim is to make life easier for parents living in the Selby area.

www.stag.mumbler.co.uk

SENDIASS (Special Educational Needs and Disability Information, Advice and Support Service)

Provides impartial information and advice to parents and carers of children and young people (ages 0–25 years) who have SEND.

Contact 01609 536923

www.sendiassnorthyorkshire.co.uk

Email: info@sendiassnorthyorks.org [facebook.com/sendiassnorthyorks](https://www.facebook.com/sendiassnorthyorks)

If SENDIASS is not able to resolve your issue contact IPSEA (Independent Provider of Special Education Advice) to book a helpline appointment.

Book an appointment via website www.ipsea.org.uk/advice-line

Contact: 0300 2225899 (Helpline on Wednesdays and Fridays)

Selby Young People's Community – SYPCO

A charity supporting, enabling and empowering young adults with disabilities to fulfil their potential and develop key life skills.

Contact: 01757 616356

www.sypcoselby.co.uk

York Inspirational Kids

Run by York Carers Centre, York Inspirational Kids is a support group for families of children and young people who have a disability and/or additional needs and live in the York area.

Contact: 01904 715490

enquiries@yorkcarerscentre.co.uk



If you need further information or would like to discuss any aspect of your caring role, please contact Carers' Resource:

Tel: 0808 501 5939

Bradford

15 Park View Court, St Paul's Road, Shipley, BD18 3DZ

Harrogate

Unit 3, Grove Park Court, Grove Park Terrace, Harrogate, HG1 4DP

Selby

Portholme Road, Selby, YO8 4QQ

Skipton

Ronaldsway House, 36 Brook St, Skipton, BD23 1PP

info@carersresource.org

www.carersresource.org

We can provide this information in another format. Please contact us to discuss your requirements.

Date of information: December 2023; revise by November 2024

