

Parent carers: Support and activities in the Craven area

This information sheet lists local groups and other contacts offering support to parents and carers of a child or young person with special educational needs and/or a disability (SEND). Please check the exact dates and times of activities with the local contact.

Carers' Resource Support for Parent Carers

Carers' Resource can discuss your caring situation with you to help identify your needs and explore support that is available to you. We have a closed Facebook group for parent carers who are registered with us, where we share information about local services and support. We also provide online webinars and peer support groups where you can meet other parent carers and talk to one of our locality workers.

Contact: 0808 50 15 939

www.facebook.com/groups/572692976091167/cravenparentcarers

AWARE (Airedale and Wharfedale Autism Resource)

A parent led support group for families affected by autism. The group organises parents' meetings and activities for families and children.

Contact: 01535 661275 or 07826 926150; info@aware-uk.org

www.aware-uk.org

Compass Phoenix

A free, confidential health and wellbeing service for children aged 9 to 19 years (or 25 years if SEND) with emotional health and wellbeing issues.

Contact: 01904 661916 or 0800 0087452; phoenix@compass-uk.org

www.compass-uk.org/services/compass-phoenix/

Home-Start Craven

A national family support charity which helps families with at least one child under the age of five. Home-Start can arrange for a volunteer to support the family.

Contact: 01535 633782; homestartcravenmanager@gmail.com

www.home-start.org.uk

Max Card is the UK's leading discount card scheme for families of children with SEND. To obtain a Max Card contact your local Carers' Resource office. Cost £4 plus £1 postage. To view the full list of attractions that support the Max Card go to www.mymaxcard.co.uk.



Parent Carer Voice North Yorkshire

The recognised parent carer forum for North Yorkshire supports families with children and young people (0-25 years old) with special educational needs and/or disabilities (SEND). Parent Carer Voice also runs online events.

Contact: 07396 641232; info@parentcarervoiceuk.org

www.parentcarervoiceuk.org

www.facebook.com/parent-carer-voice-north-yorkshire-113575706949244

SELFA (Skipton Extended Learning for All)

Provides a range of activities for vulnerable disadvantaged and disabled children and young people aged 4 to 25 years in Skipton and Craven. Services include: health and wellbeing programmes, peer support groups, holiday workshops, trips and residential breaks.

Contact: 01756 533110; admin@selfa.org.uk

www.selfa.org.uk

SENDIASS (Special Education Needs and Disabilities Information Advice and support Service)

Provides impartial information and advice to parents and carers of children and young people (ages 0–25 years) who have SEND

Contact: 01609 536923; info@sendiassnorthyorks.org

www.sendiassnorthyorkshire.co.uk

If SENDIASS is not able to resolve your issue contact IPSEA (Independent Provider of Special Education Advice) on 0300 2225899 (helpline)

Sparkle

A social support group for parents and carers living in the Skipton & Craven area, who have children with special educational needs and disabilities. No diagnosis or EHCP is necessary. They meet once a month.

Contact: 07566 829443; sparkle.skipton@gmail.com

www.facebook.com/people/Sparkle-support-group-Skipton/100081088373002/

North Yorkshire Council services:

Children and Family Hubs

Provides services for children and young people aged 0-19 years old and their families. Hubs are based in Skipton and North Craven.

www.northyorks.gov.uk/children-and-families/children-and-family-hubs

Disabled Children's Service

Provides support for children and young people where the disability has a significant and long term effect on their ability to carry out every day activities and there are considerable difficulties meeting those needs. The service may also work with young people aged 18 - 25 years if they still have an Education Health and Care Plan. Please note there is an ongoing review of social care support for disabled children in the area.

Contact: 0300 1312131

www.northyorks.gov.uk/children-and-families/disabled-children-and-young-people



Early Help Service (formerly Children and Families Prevention Service)

Offer early help for children, young people and families.

Contact: 0300 1312131

www.northyorks.gov.uk/children-and-families/early-help

Local Offer

Provides information on education, health and social care for families with a child aged birth to 25 years who has SEND.

www.northyorks.gov.uk/children-and-families/send-local-offer

Please note: inclusion on our list does not imply recommendation or endorsement by Carers' Resource.

If you would like a copy of any Carers' Resource factsheet, please contact your local office - details below - or download from www.carersresource.org.

If you need further information or would like to discuss any aspect of your caring role, please contact your local Carers' Resource:

Telephone: **0808 50 15 939**

info@carersresource.org

www.carersresource.org

Skipton: Ronaldsway House, 36 Brook Street, Skipton, BD23 1PP

We can provide this information in another format. Please contact us to discuss your requirements.

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