

Helping you to be more confident and comfortable when returning home from hospital



This is a FREE service and helps those who:

- Are aged 18 and over
- Live in North Yorkshire
- Have been at A&E, had a day procedure or a hospital stay
- May also have NYCC Re-ablement support

We can't help those who:

- Have complex long term care needs
- People who only require respite care

Contact the Home
from Hospital Team:

www.carersresource.org/hfh
0300 365 4600

This FREE service can ease a return home, assisting to re-build confidence and independence and preventing hospital re-admission.



How to refer to Home from Hospital

Refer online here:
www.carersresource.org/hfh

Email our team:
hfhny@carersresource.org

Telephone our team:
0300 365 4600

Short term support is available, dependent on an individual's needs and may include:

- Support for family/friends who are caring for a person recently discharged
- Liaising with Health and Social Care professionals
- Help to access appropriate services and organise ongoing support
- Essential food provision
- Prescription collection and medication checks
- Telephone support and keeping in touch
- Light household tasks

We are unable to assist with:

- Personal care (washing, dressing, toileting, TED stockings); giving/prompting medicines; providing medical care.

