

BRADFORD YOUNG CARERS

Summer 2023



As the summer gets started, we are happy to share with you our...

Bradford Young Carers Summer Activities Program 2023

Our aim is to have as fun and safe a summer as possible!

We are hoping that everybody who is interested can be allocated a space on at least ONE activity.

To help us plan and confirm places we would appreciate it if you let Tom Nowakowski know what are your top 3 choices of activities- along with the dates and/ or session number(s) and full name(s) of young carer(s)] by:

Monday 10th July



This year we will be offering HAF funded projects over 16 dates!

By signing up to a HAF activity you agree that we can share your name, postcode and school with Bradford Council and the Dept of Education who provide the funding for those

For the HAF activities you must register your child via the **HAF Parent Portal:**

<https://bradford.haf.fun/login>

You will be notified by Monday 17th July if you have a place on an activity. If not you will be placed on a reserve list.

For all activities please complete or update the YOUNG CARER ANNUAL CONSENT via the link:

<https://civicrm.carersresource.org/annual-consent-form>





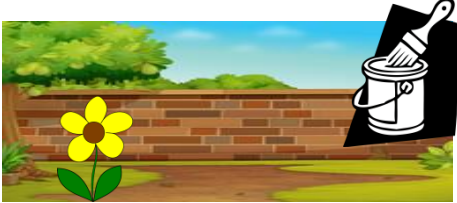
BRADFORD YOUNG CARERS



Summer 2023



TARGETED BYC SESSIONS

<h3>YACs Activity</h3>	
<p>CHILL_CHAT_HANG Join us on a fun trip to Junk Yard Golf Leeds. <i>Young Adult Carer [YAC] Activity- Recommended for young carers aged 14 and over</i></p>	<h3>SIBs Group</h3> <p>FUN _ FOOD _ FREINDSHIP Based at Carers' Resource Shipley the group will provide a safe space to explore the highs and lows of caring for a sibling due to disabilities, special educational needs and long term conditions. <i>An all age group to share experiences of caring for a sibling [brother or sister]</i></p>
 <h3>Transition Group</h3> <p>GET HIGH-SCHOOL READY A group to celebrate transition to high school and to make sure our young carers feel as prepared as they can. <i>For any young carer going into Year 7 from Sept 2022</i></p>	 <p>CALLING ALL YEAR 7's!!!</p>
 <h3>Mental Health Group</h3> <p>SAFE SPACE _SUPPORT_ DISCUSSION A group for Young Carers supporting somebody who has an issue with mental health.</p>	
<h3>Summer Art at the Allotment</h3> <p>CREATE_CHAT_DIG Be a part of a small selected group of young carers working on an arts & crafts project to enhance our Carers Resource Allotment in BD2</p>	

Annual consent form link: <https://civicrm.carersresource.org/annual-consent-form>

Bradford Young Carers Team, Carers' Resource, Park View Court, St Paul's Road, Shipley, BD18 3DZ, Tel: 0808 501 5939; byc@carersresource.org

BYC Summer 2023 (HAF events highlighted – name, postcode and school will be shared with Bradford Council/DofE for attendees of these)

	Date	SESSION NUMBER	Name	Description	Address Line 1	Postcode	Start Time	End Time	Contact Name	LINK
WEEK 1										
Tues	25/07/2023	1	Mountain Bike Adventure	Mountain bike adventure facilitated by Adventure Development Team at Bradford Council. Bikes helmets and refreshments provided. Recommended age of young carers over 12s	Baildon Recreation Centre	BD17 5JH	11:00 AM	2:00 PM	Tom Nowakowski - 07512 321245	https://civicm.carersresc
Weds	26/07/2023	2	Summer Art Project at Carers Resource Allotment	Art Project at Carers Resource Allotment facilitated by Bradford Council Visual Arts Coordinator Tony Bullock. Refreshments provided. Recommended age of young carers over 9s.	Northcote Road Allotments, Undercliffe	BD2 4QH	11:00 AM	2:00 PM	Tom Nowakowski - 07512 321245	https://civicm.carersresc
Thurs	27/07/2023	3	Insane Air Trampoline Park Bradford	Young Carers event to Insane Air Trampoline Park Bradford. Food provided. Young carers of all ages are welcome.	Insane Air, Becksid Works	BD7 2BR	11:00 AM	2:00 PM	Alane Steane - 07719 560460	https://civicm.carersresc
Fri	28/07/2023	4	SIBs Group	An all-age group to share experiences of being a young carer for a sibling [brother or sister] due to disability, special educational need or long-term condition. Refreshments provided.	Carers Resource	BD18 3DZ	10:30 AM	3:00 PM	Carol Haycock- 07843 352776	https://civicm.carersresc
WEEK 2										
Mon	31/07/2023	5	Adventure Playground Big Swing	Outdoor adventure play session facilitated by 'Play Bradford'. Including arts and crafts and use of play equipment. Refreshments provided. Recommended age of young carers is 12 and under	452 Harrogate Road	BD10 0EU	10:30 AM	2:30 PM	Tom Nowakowski - 07512 321245	https://civicm.carersresc
Tues	01/08/2023	6	Kickboxing & Bradford City FC Stadium Tour	Kickboxing session facilitated by a qualified professional coach at Physical Impact Kickboxing Bradford; followed by a stadium tour at Bradford City Football Club with lunch provided. Recommended age of young carers over 12s.	Physical Impact Kickboxing, 182 Harris Street	BD1 5JA	11:00 AM	2:00 PM	Tom Nowakowski - 07512 321245	https://civicm.carersresc
Weds	02/08/2023	7	Summer Art Project at Carers Resource Allotment	Art Project at Carers Resource Allotment facilitated by Bradford Council Visual Arts Coordinator Tony Bullock. Refreshments provided. Recommended age of young carers over 9s.	Northcote Road Allotments, Undercliffe	BD2 4QH	3:00 PM	5:00 PM	Tom Nowakowski - 07512 321245	https://civicm.carersresc
Thurs	03/08/2023	8	Caving Trip	Caving trip with packed lunch provided. Recommended age of young carers over 11s	Whitescar Caves, Ingleton	LA6 3AW	10:00 AM	4:00 PM	Joanna Gregory - 07842 314376	https://civicm.carersresc
Fri	04/08/2023	9	Mental Health Group	An all-age group to share experiences of being a young carer for somebody with a mental health issue. Refreshments provided.	Carers Resource	BD18 3DZ	10:30 AM	3:00 PM	Carol Haycock- 07843 352776	https://civicm.carersresc
WEEK 3										
Mon	07/08/2023	10	Adventure Playground Big Swing	Outdoor adventure play session facilitated by 'Play Bradford'. Including arts and crafts and use of play equipment. Refreshments provided. Recommended age of young carers is 12 and under	452 Harrogate Road	BD10 0EU	10:30 AM	2:30 PM	Tom Nowakowski - 07512 321245	https://civicm.carersresc
Tues	08/08/2023	11	Ilkley Lido	Swimming activity followed by a picnic lunch. Participants must be able to swim. Recommended age of young carers over 9s.	Ilkley Lido, Denton Road	LS29 0BZ	1:00 PM	5:00 PM	Carol Haycock- 07843 352776	https://civicm.carersresc
Weds	09/08/2023	12	National Trust Walk & Activity	Walk and nature-based activities around Hard Castle Crags & Gibson Mills. Picnic lunch provided. Recommended age of young carer is aged 8 - 12	Hard Castle Crags	HX7 7AW	11:00 AM	2:30 PM	Joanna Gregory - 07842 314375	https://civicm.carersresc
Thurs	10/08/2023	13	Get Out More! Forest School Session	An all-age Forest School session facilitated by the team at 'Get Out More' Forest School. Encouraging our young carers to explore the natural environment and develop confidence as they problem-solve and learn to manage risks whilst having hours of fun. Picnic lunch provided.	Hirst Wood	BD18 4BY	11:00 AM	2:00 PM	Tom Nowakowski - 07512 321245	https://civicm.carersresc
Fri	11/08/2023	14	Transition Group	Group for Young Carers moving into year 7 / High School in Sept 2023	Carers Resource	BD18 3DZ	10:00 AM	4:00 PM	Carol Haycock- 07843 352776	https://civicm.carersresc

WEEK 4										
Mon	14/08/2023	15	Scarecrow Festival	A fun orienteering, cultural walk through a scenic Yorkshire Dales Village. Picnic provided. Recommended for young carers aged 11 and under.	Kettlewell	BD23 5QZ	11:00 AM	2:00 PM	Joanna Gregory - 07842 314376	https://civicm.carersresc
Tues	15/08/2023	16	Paddle Boarding	Paddle Boarding water activity on navigable waterway. Recommended age of young carers- 11yrs and over.	The Tiny Tea Room, Calverley	LS13 1NF	12:30 PM	6:00 PM	Alane Steane - 07719 560460	https://civicm.carersresc
Thurs	17/08/2023	17	Bradford Bulls Multi-Sports Session	Recommended age of young carers - Under 11s	The Leisure Centre, Keighley	BD21 3JN	10:30	14:30	Amy Harrison - 07593584269	https://civicm.carersresc
WEEK 5										
Mon	21/08/2023	18	Bradford Bulls Multi-Sports Session	Recommended age of young carers - 11yrs and over.	Manningham Sports Centre	BD8 8BA	10:30	14:30	Amy Harrison - 07593584269	https://civicm.carersresc
Tues	22/08/2023	19	Cooking (1) - youngers session	Cook and Eat session. Recommended age of young carers - Under 11s	Shaw House	BD1 3SQ	10:30 AM	1:00 PM	Amy Harrison - 07593584269	https://civicm.carersresc
Tues	22/08/2023	20	Cooking (2) - olders session	Cook and Eat session. Recommended age of young carers is 11 and under	Shaw House	BD1 3SQ	1:30 PM	3:00 PM	Amy Harrison - 07593584269	https://civicm.carersresc
Thurs	23/08/2023	21	Young Adult Carers [YACs] Activity	Social Trip to Junk Yard Golf Leeds. For Young Carers aged 14 and over. We will meet at Leeds Train Station and walk to the venue. After the young carers will be given the option to travel back with staff or engage in more social time in Leeds without young carers staff & with the prior consent of parents/guardians, as appropriate.	Junkyard Golf	LS1 8TL	11:00 AM	2:00 PM	Joanna Gregory - 07842 314376	https://civicm.carersresc
Thurs	24/08/2023	22	Bowling	An all-age young carers Bowling activity, with lunch provided	Go Bowling	BD18 3QD	11:00 AM	2:00 PM	Alane Steane - 07719 560460	https://civicm.carersresc
WEEK 6										
Tues	29/08/2023	23	VR Gaming	Virtual Reality Gaming session with food and social time. Young carers are encouraged to make their own way to the venue, but staff can offer support as needed. Recommended age of young carers over 12s	VR City	BD1 3JH	1:30 PM	3:30 PM	Tom Nowakowski - 07512 321245	https://civicm.carersresc
Weds	30/08/2023	24	Summer Art Project at Carers Resource Allotment	Art Project at Carers Resource Allotment facilitated by Bradford Council Visual Arts Coordinator Tony Bullock. Refreshments provided. Recommended age of young carers over 9s.	Northcote Road Allotments, Undercliffe	BD2 4QH	11:00 AM	2:00 PM	Tom Nowakowski - 07512 321245	https://civicm.carersresc

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