

Parent carers: Support and activities in the Harrogate, Knaresborough and Ripon areas

This factsheet lists local groups and services offering support to parents and carers of a child or young person with special educational needs and/or a disability (SEND). Please check the exact details of activities with the local contact.

Carers' Resource Support for Parent Carers

We can offer you a carer's assessment to help identify your needs and explore support that is available to you. We have a closed Facebook group for parent carers who are registered with us, where we share information about local services and support. We also provide online webinars and peer support groups where you can meet other parent carers and talk to one of our locality workers.

Contact: 01423 500555

facebook.com/groups/204424327659651

Cinema

The Cinema Exhibitors' Association provides a card which allows a carer to accompany a child or adult with SEND to the cinema at no extra cost. A child must be aged 5 years old or over to be eligible. If your child is between 5 and 16 years of age, you will need to apply for the CEA card on their behalf and must be their parent or legal guardian. There is a £6.00 annual administration charge.

The child with SEND must meet one of the following criteria:

- a. be in receipt of Disability Living Allowance or Personal Independence Payment
- b. be a registered visually impaired person

For further information, including the application form and details of participating cinemas, Contact: 01244 526016 info@ceacard.co.uk www.ceacard.co.uk

Odeon Harrogate hosts **autism friendly and audio described cinema screenings** for those on the autistic spectrum or with sensory or learning disabilities, and their parents/carers and siblings. Films and screening types offered are subject to change.

For more information about accessible screenings at Odeon contact Accessibility Helpline 0800 138 3315

To find details of upcoming autism friendly screenings at all cinemas:
dimensions-uk.org/get-involved/campaigns/autism-friendly-cinema-screenings/



Brimhams Active, Harrogate Borough Council

Brimhams Active run a range of sporting and leisure activities and services for children and young people with SEND.

Contact; 01423 862702

brimhamsactive.co.uk

Down Syndrome North Yorkshire

A charity run by parents and carers of children who have Down syndrome to share experiences, knowledge and fun.

www.downssyndromenorthyorkshire.co.uk

Down Syndrome Training and Support Service Ltd.

A charity run by and for parents and carers of children who have Down syndrome. It provides training, support and activities for families.

Contact: 01274 561308

www.downsyndromebradford.com

Follifoot Park Disabled Riders Group

Provide horse riding for children with a wide range of disabilities.

Contact: 01423 546161

www.follifootparkdrg.org.uk

Max Cards

This is a national discount card scheme for families of children with SEND that offers free or discounted entry to a range of attractions. To view the full list of attractions that support the Max card go to www.mymaxcard.co.uk. To obtain a Max Card contact your local Carers' Resource office. Cards cost £4 for 2 years, including postage.

National Autistic Society (Harrogate & District Branch)

Promotes awareness of the needs of people with autism spectrum disorders - offers support and training activities to families in Harrogate and Craven who have a child or member with autism or Asperger syndrome.

Contact the branch on 07824 473871 (a message can be left for a committee member)

NASHarrogateBranch@nas.org.uk

Harrogate Autism Parent Support Group

For local parent carer Facebook group and information contact: Alison 07722 570225

North Yorkshire County Council Services

General Customer Services: 01609 780780; www.northyorks.gov.uk

Children and Family Hubs

The hubs provide services for children and young people aged 0-19 years old and their families. They are based in Harrogate Bilton, Harrogate West, Harrogate Town, Knaresborough, Ripon and Pateley Bridge.

www.northyorks.gov.uk/children-and-family-hubs



Harrogate Bilton Hub

Woodfield Road, Harrogate, HG1 4HZ
C&Fhubharrogate@northyorks.gov.uk Tel: 01609 533127

Harrogate West Hub

Saltergate School, Newby Crescent, HG3 2TT
C&Fhubharrogate@northyorks.gov.uk Tel: 01609 533127

Harrogate Town Hub

(Next to) Willow Tree School, Wetherby Road, HG2 7SG
C&Fhubknaresborough&harrogatetown@northyorks.gov.uk Tel: 01609 533176

Knaresborough Hub

Manor Road, Knaresborough, HG5 0GN
C&Fhubknaresborough&harrogatetown@northyorks.gov.uk Tel: 01609 533176

Ripon and Rural Harrogate Hub

Ripon Youth Centre, Clotherholme Road, HG4 2DF
C&FHubRipon@northyorks.gov.uk Tel: 01609 533122

Nidderdale Hub

St Cuthbert's Primary School, Pateley Bridge, HG3 5LE
C&FHubRipon@northyorks.gov.uk Tel: 01609 533122

Compass Phoenix (formerly Compass Reach)

A free, confidential health and wellbeing service for children and young people between the ages of 5-19 or up to 25 for young people with Special Educational Needs and Disabilities (SEND) and an Education Health and Care Plan (EHCP). For children and young people who may benefit from receiving early help and prevention of harm work in relation to mild to moderate emotional wellbeing and mental health issues.

Contact 01904 661916 or Freephone 0800 0087452
www.compass-uk.org/services/compass-phoenix

Early Help Service (formerly Children and Families Prevention Service)

Offers early help for children, young people and families.
Contact: 01609 534842

SEND Local Offer

Provides information on education, health and social care for families with a child aged birth to 25 years who has SEND.
www.northyorks.gov.uk/send-local-offer

SENDIASS (Special Educational Needs and Disability Information, Advice and Support Service)

Provides impartial information and advice to parents and carers of children and young people (ages 0–25 years) who have SEND.

Contact 01609 536923 info@sendiassnorthyorks.org
www.sendiassnorthyorkshire.co.uk



IPSEA

If SENDIASS is not able to resolve your issue contact IPSEA (Independent Provider of Special Education Advice) to book a helpline appointment.

Book an appointment via website www.ipsea.org.uk/contact-ipsea
office@ipsea.net

Ohana

A parent initiated, professionally led group offering support and friendship to all families coping with the challenge of raising a child with special educational needs or a disability.

Ohana offers a number of services, including a parent support group, holiday activities, and a Stay and Play Club. For Ripon and surrounding areas

www.ohanacharity.co.uk welcome@ohanacharity.co.uk

Parent Carer Voice North Yorkshire (PCV)

The recognised Parent Carer Forum for North Yorkshire, supporting families with children and young people (0-25 years old) with Special Educational Needs and/or Disabilities.

www.parentcarervoiceuk.org info@parentcarervoiceuk.org

Sportability Football

Killinghall Nomads offer the opportunity for children ages 7-18 years with learning and physical disabilities to develop their football skills. For more information contact

Email: info@killinghallnomadsjfc.com www.killinghallnomadsjfc.com

Adversity United

Adversity United is a disability football club for boys and girls aged 6-12 years old who are living with physical, behavioural, social and cerebral challenges. The training sessions are held at Harrogate Grammar School on Tuesdays 5.15pm – 6.15pm

Contact: 07468 855433 adversityunited@gmail.com

www.facebook.com/Adveristyunited

Time Together

A local charity supporting individuals with additional needs - including autistic people and those with learning or physical disabilities - to live life well. Time Together offers a number of activities for young people with SEND at Unit 10 Provincial Works, The Avenue, Starbeck.

Contact: 01423 883992 office@timetogether.org; www.timetogether.info



If you would like a copy of any Carers' Resource factsheet, please contact your local office - details below - or download from www.carersresource.org.

If you need further information, or would like to discuss any aspect of your caring role, please contact Carers' Resource on 0800 5015939

Harrogate

Unit 3, Grove Park Court, Grove Park Terrace, Harrogate HG1 4DP

info@carersresource.org

www.carersresource.org

We can provide the information in another format. Please contact us to discuss your requirements.

Date of information: November 2022; revise by November 2023

