

## Parent carers: Support and activities in the Bradford District

This factsheet lists local groups offering support to parents and carers of a child or young person with special educational needs and/or a disability (SEND). Please check the exact dates and times of activities with the local contact.

### **Carers' Resource Support for Parent Carers**

We can offer you a carer's wellbeing review to help identify your needs and explore support that is available to you. We have a support group for parent carers who are registered with us, where we share information about local services and support. We also provide online topical webinars and peer support groups where you can meet other parent carers and talk to one of our locality workers.

Contact: 01274 449660

[www.carersresource.org](http://www.carersresource.org)

### **AWARE (Airedale and Wharfedale Autism Resource)**

A parent led support group for families affected by autism. The group organises parents' meetings and activities for families and children.

Contact: 01535 661275 or 07826 926150; email [info@aware-uk.org](mailto:info@aware-uk.org); [www.aware-uk.org](http://www.aware-uk.org)

### **Barnardo's Bradford SENDIASS (Information, Advice and Support for SEND)**

The service supports parents and carers of children and young people with additional needs and/or disabilities, with exclusions, transfers, admissions, transport, appeals, mediation, complaints, personal budgets, EHCPs, and SEN support.

Contact: 01274 513300; email [BradfordSENDIASS@barnardos.org.uk](mailto:BradfordSENDIASS@barnardos.org.uk);

[www.barnardos.org.uk](http://www.barnardos.org.uk)

### **Bradford Deaf Children's Society**

A local group run by parents and carers of children with a hearing impairment. They have regular get-togethers, activities, and run BSL support session and tutoring for children.

[www.sites.google.com/view/bdcs1/home](http://www.sites.google.com/view/bdcs1/home)

[www.ndcs.org.uk](http://www.ndcs.org.uk)

### **Bradford Disability Sport & Leisure**

This charity provides high quality sport, leisure and physical activity opportunities.

Contact: 01274 437093

[www.bradforddisabilitysports.co.uk](http://www.bradforddisabilitysports.co.uk)

### **Bradford Inclusive Disability Service - B.I.D.S.**

B.I.D.S. is a registered charity based at the Child Development Centre at St Luke's Hospital. They provide a loan service of specialist toys and equipment as well as running support groups for children, young people and their carers.

Contact: 01274 365463

[www.bradfordinclusivedisabilityservice.co.uk](http://www.bradfordinclusivedisabilityservice.co.uk)



## **City of Bradford Metropolitan District Council Services:**

Children's Services Contact Centre: 01274 435600; [www.bradford.gov.uk](http://www.bradford.gov.uk)

### **Cygnets – Parenting Support**

A parenting support programme for parents and carers of children and young people aged 5-18 years with an autistic spectrum disorder.

Contact your Family Hub; email [parenting@bradford.gov.uk](mailto:parenting@bradford.gov.uk)

### **Disabled Children's Information Service**

A monthly newsletter for families who have a child with SEND.

Contact: 01274 437503; email [DCIS@bradford.gov.uk](mailto:DCIS@bradford.gov.uk)

### **Family Hubs**

Find out about family support in your area such as parenting groups, local activities and short breaks for disabled children and young people. The four Family Hubs are: Keighley and Shipley, Bradford East, Bradford West and Bradford South. Check which family hub you need to contact by using the postcode checker [www.bradford.gov.uk/children-young-people-and-families/family-hubs/family-hubs/](http://www.bradford.gov.uk/children-young-people-and-families/family-hubs/family-hubs/)

Contact: 01274 434940 Bradford South; 01274 436700 Bradford West; 01535 618005 Keighley & Shipley; 01274 437523 Bradford East

### **Local Offer Bradford**

Provides web based information about education, health and social care for families with a child aged from birth to 25 years who has SEND.

[www.localoffer.bradford.gov.uk](http://www.localoffer.bradford.gov.uk)

### **Portage Service**

A home-visiting learning support and advice service for children with SEND from birth to 3 years. This can be extended to 5 years if a child is not able to attend nursery.

Contact: 01274 439500

### **Preparation for Adulthood Team – PFA (16 to 25 Service)**

Works with children from age 16 to 25 years. To access the service the young person must have a diagnosed disability or complex health needs, and an Education Health & Care Plan (EHCP).

Contact: 01274 435750

### **Specialist Inclusion Project**

Specialist Inclusion Project offers school, evening, weekend and half term Short Breaks for young people with disabilities aged 8 to 18 years throughout the Bradford District. Eligibility criteria applies for this service.

Contact: 01274 438744 / 07582 103558



### **Down Syndrome Training and Support Service LTD**

A registered charity run by and for parents and carers of children who have Down Syndrome and that provides training, support and activities for the families.

Contact: 01274 561308

[www.downsyndromebradford.com](http://www.downsyndromebradford.com)

### **Eureka! The National Children's Museum**

Runs regular, free clubs for disabled children and their families as part of their Access All Areas project. Club places must be booked in advance. These are currently paused due to Covid-19.

Contact: 01422 330069

[www.eureka.org.uk](http://www.eureka.org.uk)

### **Haworth RDA Riding for the Disabled**

Provides horse riding lessons for all disabled people from the age of 4 years old.

[www.facebook.com/people/Haworth-rda-group/100070063362096](https://www.facebook.com/people/Haworth-rda-group/100070063362096)

### **LS29 for children with special needs**

Provides a social network for sharing experiences and knowledge with other parents and activities for children and their siblings. There is an annual fee to join the group and access their activities.

Contact: 01943 609861 or 07976 015134

[www.ls29group.co.uk](http://www.ls29group.co.uk)

### **Max Cards**

This is a national discount card scheme for families of children with SEND that offers free or discounted entry to a range of attractions. The Parents' Forum for Bradford and Airedale issues Max cards. You can apply online or by post by going to [www.pfba.org.uk](http://www.pfba.org.uk) and go to the resources section. Full details on how to apply are there. Cards cost £4 for 2 years, including postage. To view the full list of attractions that support the Max card go to [www.mymaxcard.co.uk](http://www.mymaxcard.co.uk).

### **The Parents' Forum for Bradford and Airedale (PFBA)**

The Parents' Forum for Bradford and Airedale is a place that supports parents and carers of children and young people who have disabilities in Bradford.

Contact: 01274 397396

[www.pfba.org.uk](http://www.pfba.org.uk)

### **Shine Together**

A free weekly youth group for young people aged 13 to 25 years with special needs. Any young person with a disability (diagnosed or undiagnosed) who live in the Bradford District can attend. Sessions are usually held at the All Saints Landmark Centre, Little Horton. At present the group is meeting remotely.

Email [shine@allsaints-landmark.co.uk](mailto:shine@allsaints-landmark.co.uk)

[www.allsaints-landmark.co.uk](http://www.allsaints-landmark.co.uk)

### **SNOOP (Special Needs Objective Outreach Project)**

Provides a wide range of services such as play schemes, childcare, youth clubs, support for carers etc. It caters for children and young people with SEND aged 3 to 25 years.

Contact: 01274 292126

[www.snoopcharity.org](http://www.snoopcharity.org)

### **St Ives (Bingley) Riding for the Disabled**

Offers each individual the chance to experience horse riding and receive the therapeutic benefits that riding can bring (lessons are suitable from ages 4 years to 70)

Contact: 07949 231698 or 07944 357129

[www.stivesbingleyrda.weebly.com](http://www.stivesbingleyrda.weebly.com)



If you would like a copy of any Carers' Resource factsheet, please contact your local office - details below - or download from [www.carersresource.org](http://www.carersresource.org).

If you need further information or would like to discuss any aspect of your caring role, please contact your local Carers' Resource:

**Bradford 01274 449660**

15 park View Court, St Paul's Road, Shipley, BD18 3DZ

**[info@carersresource.org](mailto:info@carersresource.org)**

**[www.carersresource.org](http://www.carersresource.org)**

We can provide this information in another format. Please contact us to discuss your requirements.

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