

carers' resource

Volunteering




We need volunteers to help us in the work we do. Come and join us.



 **Caring Callers**

Volunteering with Carers' Resource



 **Team Support**

The Carers' Resource gives tailored support and information to unpaid carers, the people they care for and those in need of support. It is an independent, award-winning Yorkshire charity which is open to everyone and offers information and practical and emotional help to enable them to cope.

What do people gain by volunteering for the Carers' Resource?

- ▶ Meet new people
- ▶ Gain confidence and improve self-esteem
- ▶ Learn new skills and gain experience
- ▶ Be part of a team
- ▶ Give something back to the community

All volunteers are supported with training, regular get togethers with other team members and one to one support.

Contact the volunteer coordinator at your local office for an informal chat to find out more.

Harrogate and district

Telephone: 01423 500555

Bradford and Airedale

Telephone: 01274 449660

Ripon and rural area

Telephone: 01765 690222

Craven and Airedale

Telephone: 01756 700888

info@carersresource.org

www.carersresource.org



 **Fundraiser**


There are a wide range of volunteer roles:

- ▶ Team Support
- ▶ Fundraising
- ▶ Hosting or helping at group activities
- ▶ Supporting people in the community



 **Activities**



 **Team Support**

The Carers' Resource is a charitable company limited by guarantee. Registered charity No. 1049278. Company registered in England No. 3054273. Registered office: 11 North Park Road, Harrogate HG1 5PD.