



 carer


# Learning, Training and Employment

**We offer information, advice and guidance on work, learning and leisure opportunities for unpaid carers and other adults seeking work and learning-related advice.**



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Our learning, training and employment team are professionally qualified careers advisors. They provide confidential, individually focused support for unpaid carers and other adults.

- ▶ CV writing skills and interview practice
- ▶ skills assessments and help finding the right job or course
- ▶ job searches
- ▶ information about courses and training opportunities

## **Our Changing Lives project offers:**

- ▶ friendly one-to-one advice and information sessions
- ▶ careers guidance
- ▶ form filling and help with job applications
- ▶ support and advice for those unpaid carers who are juggling work with caring



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*"The Carers' Resource has really helped me get motivated – it's just what I needed. The information I got certainly started the ball rolling. A lot is happening that I really feel good about."*

**Jenny**



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*"I just wanted to say thanks for finding me the course as my life is so different. I couldn't believe that I could feel this great and have a full time job!"*


**Matt**

The Carers' Resource gives tailored and confidential support and information to unpaid carers and vulnerable people. It is an independent, award-winning Yorkshire charity which is open to everyone and offers information and practical and emotional help to enable them to cope.




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**The Carers' Resource has offices for:**

**Harrogate and district**

11 North Park Road  
Harrogate HG1 5PD  
Telephone: 01423 500555

**Bradford and Airedale**

Unit 15, Park View Court  
St Paul's Road  
Shipley BD18 3DZ  
Telephone: 01274 449660

**Ripon and rural area**

Community House  
Sharow View  
Allhallowgate  
Ripon HG4 1LE  
Telephone: 01765 690222

**Craven and Airedale**

Griffin House  
Broughton Hall Business Park  
Skipton BD23 3AN  
Telephone: 01756 700888

**info@carersresource.org**

**www.carersresource.org**

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*you care for them, we care for you*



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