



 father and carer

Emergency Planning for Carers

One-to-one support to help carers make plans in case of an emergency.



 mother and carer



 sister and carer

Carers often worry about what may happen if they are taken ill or if something happens which takes them away from caring.

Who will take over the role of looking after the person they care for?

How will they alert the emergency services to the fact that they are a carer?

A carer's health and well being can be improved just by knowing that the person they care for will be looked after.

Simply making a formal emergency plan which can be recorded and stored with 24 hour access gives reassurance and peace of mind.

Carers' Resource provides this tailor-made service for the carers of Bradford and district, reducing stress and allowing them to carry on caring with increased confidence.



 husband and carer



 mother and carer

 **carers'**
resource
you care for them, we care for you



 son and carer

"I had a fall recently and I wish I'd had this emergency plan then. I wouldn't go to the hospital because I was too worried about leaving my husband alone, he was expecting me home."

Anne cares for her husband

The Carers' Resource gives tailored support and information to unpaid carers and vulnerable people. It is an independent, award-winning Yorkshire charity with more than 15 years' experience working with carers.

For further details contact:

Carers' Resource
Unit 15 Park View Court
St Paul's Road
Shipley
BD18 3DZ

Tel: 01274 449660
Email: info@carersresource.org
www.carersresource.org



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 wife and carer




 wife and carer



 daughter and carer



 sister and carer



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