



Contact the Link Team 01423 500555 for further information.

If you need help with transport or sitting services let us know; we may be able to help

Pateley Bridge Carers Lunch

1st Friday of each month
1.00pm, Wildings Tea Room, Pateley Bridge

Upcoming dates

- Fri 5 Mar
- Fri 9 Apr*
- Fri 7 May

Friendly social get-together and light lunch in the beautiful surroundings of the countryside.



Knaresborough Carers Group

1st Monday of each month
2.00 – 4.00pm, Hewison Court, Knaresborough

Upcoming dates

- Mon 1 Mar
- Mon 12 Apr*
- Mon 10 May*

Pop in for coffee and a chat. Open to all carers living in the Knaresborough area.



Ripon Carers Afternoon Tea

2nd Tuesday of each month
2.30pm, Community House, Ripon

Upcoming dates

- Tues 9 March
- Tues 13 April
- Tues 11 May

Conversation and cakes for anyone with a caring role living in the Ripon area.



Friendship Group

Last Thursday of each month
2.00 – 4.00pm, 11 North Park Road

- 25 Mar To be arranged
- 29 Apr To be arranged
- 27 May To be arranged

Coffee/tea, visiting speakers and occasional trips open to anyone living in the Harrogate area with a caring role



Cedar Court Carers Group

3rd Wednesday of each month
11.00am Cedar Court Hotel, Harrogate

Upcoming dates

- Wed 17 Mar
- Wed 21 Apr
- Wed 19 May

Comfy sofas, a coffee and a chat for your midmorning break.



Boroughbridge Brunch Club

3rd Thursday of each month
12.00 – 1.30pm, Black Bull, Boroughbridge

Upcoming dates

- Thurs 18 Mar
- Thurs 15 Apr
- Thurs 20 May

Brunch and a chat for carers living in and around the Boroughbridge area.



Friday Group 4 Men

2nd Friday of each month

Upcoming dates, venues and times

- 12 Mar To be arranged
- 9 Apr To be arranged
- 14 May To be arranged

Open only to men with a caring role who live in the Harrogate area.

Lunch at the pub or tea/coffee and guest speaker.



* Please note

Dates marked with an asterisk * are held a week later than normal due to Bank Holidays.